

# Adjust My Daily Life, Lord

## Worksheet Example

*...but one thing I do: **Forgetting what is behind and straining toward what is ahead, I press on toward the goal** to win the prize for which God has called me heavenward in Christ Jesus.*

(Philippians 3:13-14) NIV

He who **works his land** will have **abundant** food, but he who **chases fantasies** lacks judgment.

(Proverbs 12:11) NIV

### 1. Spiritual Goals

- a. Bible reading:
- b. Daily prayer and devotion
- c. \_\_\_\_\_

### 2. Family Goals

- a. Children/grandchildren
- b. Parents/siblings
- c. \_\_\_\_\_

### 3. Physical Goals

- a. Exercise
- b. Weight
- c. Schedule vacation time

### 4. Mental Goals

- a. Find a hobby
- b. Read 5 books this year
- c. \_\_\_\_\_

### 5. Community/Church/Neighborhood Goals

- a. Meet every neighbor on our block
- b. \_\_\_\_\_
- c. \_\_\_\_\_

### 6. Professional Goals

- a. Education
- b. \_\_\_\_\_
- c. \_\_\_\_\_

### 7. Financial Goals

- a. Giving
- b. Savings
- c. Debt Reduction
- d. Major Purchases